## **Current Claims Listing:**

A listing of the claims is provided below and will replace all prior versions, and listings, of claims in the application.

## **Listing of Claims:**

1. (Currently amended) A manually operated pump comprising:

two cylindrical members, comprising with a first cylindrical member and slidable within a second cylindrical member, slidable in relation to each other such that one cylindrical member can slide within the other cylindrical member;

wherein one end of the first cylindrical member is provided with a fitting to receive a saddle;

wherein said second cylindrical member is provided with a foot stand assembly which comprises a foldable foot stand and a retractable air hose, and wherein the foot stand can be unfolded for use and can be folded away when no longer required, and wherein the retractable air hose is retractable back into a storage position within the pump.

- 2. (Original) The manually operated pump according to claim 1, wherein said pump is provided with a manually graspable member for operating the pump.
- 3. (Currently amended) The manually operated pump according to claim 2, wherein the manually graspable member is a <u>the</u> saddle.
- 4. (Original) The manually operated pump according to claim 1, 2 or 3, wherein the two cylindrical members are latched together in a releasable manner.
- 5. (Original) The manually operated pump according to claim 4, wherein the latching is achieved by means of inter-engaging projection and recess on the foot stand and first cylindrical member.

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6. (Currently amended) A cycle comprising a tubular section receiving a seat post, the post being in the form of a pump according to <u>claim 1 any one of the preceding claims</u>.